

# August 2023

Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
	<p><b>*Each plate contains the required servings of each food group and meet requirements based on USDA Dietary Guidelines.</b></p>		<p><b>*Menu changes may occur due to manufacture shortages or unprecedented event</b></p>	
Monday 7	<b>Tuesday 8</b>	<b>Wednesday 9</b>	<b>Thursday 10</b>	<b>Friday 11</b>
Monday 14	<b>Tuesday 15</b>	<b>Wednesday 16</b>	<b>Thursday 17</b>	<b>Friday 18</b>
Monday 21	<b>Tuesday 22</b>	<b>Wednesday 23</b>	<b>Thursday 24</b>	<b>Friday 25</b>
			<p><b>Hot Lunch Sign Up Day</b></p>	
Monday 28	<b>Tuesday 29</b>	<b>Wednesday 30</b>	<b>Thursday 31</b>	
<p>Pizza Monday please contact CCA Office</p>	<p><b><u>Beef &amp; Bean Burritos or Chicken Quesadilla</u></b>                      -Rice                      -Side Salad w/ ranch                      -Fruit                      -Water</p>	<p><b><u>Chicken Tenders or Corn Dog</u></b>                      -Mac &amp; Cheese                      -Side of Veggies                      -Fruit                      -Water</p>	<p><b><u>Spaghetti &amp; Meatballs or Cheese Sticks w/Marinara Sauce</u></b>                      -Bread                      -Side of Veggies                      -Fruit                      -Water</p>	