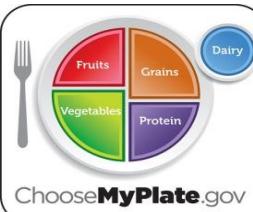


January 2026

Monday	Tuesday	Wednesday	Thursday 1	Friday 2
	<p>*Each plate contains the required servings of each food group and meet requirements based on USDA Dietary Guidelines.</p>	 <p>ChooseMyPlate.gov</p>	<p>*Menu changes may occur due to manufacture shortages or unprecedented event</p>	
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
		<u>Spaghetti</u> with a Pepperoni Hot pocket -Vegetables -Fresh Fruit -Water	<u>Beef & Cheese Enchiladas</u> or <u>Chicken Quesadillas</u> -Mexican Rice -Side Salad -Fresh Fruit -Water	<u>Hot Dog</u> or <u>Turkey Sandwich</u> -baby carrots -Mac & Cheese -Pudding or Apple Sauce -Water
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Pizza Monday please contact CCA Office	<u>Cheese Sticks w/marinara</u> or <u>Chicken Tenders</u> -Mac & Cheese -Vegetables -Fresh Fruit -Water	<u>Beefaroni</u> or <u>Chicken Fideo Soup</u> -Premium Sea salted Crackers -Baby Carrots -Fresh Fruit -Water	<u>Orange Chicken with Sauce on the side</u> -Lo Mein Noodles -Egg Roll -Fresh Fruit & Veggies -Water	<u>Cheeseburger</u> or <u>Chicken burger</u> -Baby Carrots w/ ranch -Chips -Fruit -Water
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Pizza Monday please contact CCA Office	<u>Chicken Flautas</u> or <u>Beef Nachos</u> -Side of Beans -Side Salad w/ ranch -Fresh Fruit -Water	<u>Chicken Nuggets</u> or <u>Corn Dogs</u> -Mashed Potatoes -Broccoli & Cheese -Fresh Fruit -Water	<u>Spaghetti</u> with a Pepperoni Hot pocket -Vegetables -Fresh Fruit -Water	<u>Sloppy Joes</u> or <u>Chicken Wrap</u> -Baby Carrots -Chips -Pudding -Water
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Pizza Monday please contact CCA Office	<u>Beefaroni</u> or <u>Chicken Fideo Soup</u> -Premium Sea salted Crackers -Baby Carrots -Fresh Fruit -Water	<u>Chicken Fajita</u> or <u>Ground Beef</u> -Side of Rice & Tortilla -Side Salad w/ ranch -Fruit -Water	<u>Chicken Tamales</u> or <u>Chicken Flautas</u> -Side of Beans or Rice -Side Salad w/ ranch -Fresh Fruit -Water	<u>Hot Dog</u> or <u>Turkey Sandwich</u> -Mac & Cheese -baby carrots -Pudding or Apple Sauce -Water